

Will using laser comb help me grow hair?



WILL USING A LASERCOMB HELP ME GROW HAIR? TIM, KING OF PRUSSIA, PA

YES, ABOUT 10 PERCENT MORE. The Food and Drug Administration recently endorsed the LaserComb (\$550, lasercomb.net) after reviewing a 26-week product study funded by the comb's manufacturer. Eighty-two men slowly glided the LaserComb over their Scalps three times a week. After the trial, 93 percent of the men had experienced a 10 percent increase in scalp hair.

The key to the comb's success: Low-level lasers that fire compressed light into hair follicle as the comb's teeth uncover them. Says Alan Bauman, M.D., a hair-restoration

physician in Florida, "It's believed that the mitochondria, or power plants, within each follicle's cells absorb this light and convert it into energy," These cells are responsible for hair's growth, shine, and strength, "This energy boost jump starts weakened follicles and bolsters healthy ones, causing them to produce high quality hair," says Dr. Bauman.

A year's worth of in office laser therapy runs about \$4,000. Another option: Sunetic's Laser Hair Brush (\$400, sunetics.com). "Sunetics makes the larger office units, and the technology is the same," Dr. Bauman says. But remember: If you stop using the laser, hair loss resumes.